

May 25, 2025



Compassion

Hosea 11: ⁸How can I give you up, O Ephraim! How can I hand you over, O Israel My heart recoils within me, my compassion grows warm and tender. ⁹I will not execute my fierce anger; for I am God and not man, the Holy One in your midst, and I will not come in wrath.

Mark 8: In those days, when again a great crowd had gathered, and they had nothing to eat, he called his disciples to him, and said to them, ²"I have compassion on the crowd, because they have been with me now three days, and have nothing to eat; ³and if I send them away hungry to their homes, they will faint on the way; and some of them have come a long way." ⁴And his disciples answered him, "How can one feed these men with bread here in the desert?" ⁵And he asked them, "How many loaves have you?" They said, "Seven." ⁶And he commanded the crowd to sit down on the ground; and he took the seven loaves, and having given thanks, he broke them and gave them to his disciples to set before the people; and they set them before the crowd. ⁷And they had a few small fish; and having blessed them, he commanded that these also should be set before them. ⁸And they ate, and were satisfied; and they took up the broken pieces left over, seven baskets full.

Praise God today for your growing sense of compassion. Compassion, love, empathy, appreciation for all life around you – is the opposite of selfishness, hate, spite, and resentment. I like to think that part of our spiritual journey here on earth, and what we need to learn along the way, is how to be compassionate. From early childhood on, people instructed us on how to care for other people. Caring for others equips you and me for heaven and continued life beyond this one. What are some of the things you care about? Your list probably contains family, the cleanliness of the earth's life-giving water and air, responsible stewardship of the earth's

resources, the happiness and welfare of the world's children, healthcare for everyone, justice for those who've been wronged, education opportunities for everyone, an atmosphere where philosophy and the arts can flourish, freedom of religion, time for our families, and time developing our inner life.

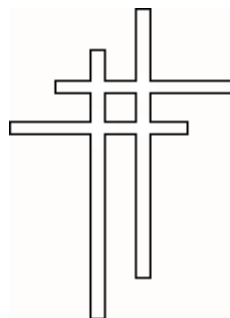
God, we believe, cares about all life on this ole earth...totally inclusive, because all things are part of God's good creation. There is no higher way to live our lives than to imitate God's compassion and invest our lives improving the earth and the total environment for human, animal and plant welfare. The Genesis creation story reminds us of this when God hands off the planet to Adam and Eve and tells them to care for it. They were not told to dominate it or abuse it. The Genesis writers implied that they were to care for the world as God cares for them – in ways that are compassionate and life affirming.

Invest a few moments of your precious life's time today musing on your own sense of compassion. Even thinking about being compassionate increases it.

Shalom,
Jim S.

Please Celebrate Sunday's Message

Huguenot United Methodist Church is inviting you to our Sunday Morning Worship Service. This in-person service begins at 11 a.m. Please join us and take part in our worship and praise of our Lord and Savior, Jesus Christ!



Pastor Jim Sprouse
will provide us with the message

"Don't Break Faith"

We hope you will join us!

HUMC Nursery

Our nursery caregiver, Rosalie Koch, is at church every Sunday and ready to welcome children in the nursery during worship from 10:45 a.m. until 12:15 p.m. A volunteer is needed this Sunday. Please consider volunteering.



Audio recordings of our HUMC Sunday Morning Worship Services are available at HuguenotUMC.org under the Worship tab. We hope you will find these recordings beneficial and will share them with your family, friends and neighbors.

TUNE IN

Adult Bible Study / Sunday School

Our Adult Bible Study/Sunday School class begins at 10 a.m. in the Fellowship Hall.

The title of our lesson for Sunday, May 25, is "Cleansing Water." The focal passage is John 13: 1-11. The background text is John 13. The purpose statement is "to respond with humble obedience to Jesus' directive to wash feet."

We look forward to your participation in our class. If you have any questions, comments, or feedback regarding our HUMC Adult Bible Study please do not hesitate to contact me.



Gerry Flinchbaugh 804.314.4817
gflinchb@gmail.com



Joy of Crafts

There has been a bumper crop of comfort items coming from Joy of Crafts this spring, with more than 200 items being donated to From the Heart for distribution to nursing homes, shelters, dialysis centers and hospitals.

This has included Alzheimer's memory mats, wheelchair totes, adult bibs, drain bag covers, dialysis mitts, scarves and hats, and dresses for needy girls.

If you have any interest in sewing, crocheting or knitting, or just helping out with the projects, contact Molly Sprouse at mollysprouse@gmail.com.

You All Did It Again!

Once again, the members and friends of Huguenot UMC stepped up and completed a tremendous mission outreach!



The Preschool Family Picnic was a huge success. Many thanks to all the volunteers who worked on this project. A special thanks to Ronni Wohlford for all the planning, purchasing food, and other tasks she handled for the event. The pizza, hot dogs, chips, and ice cream were very well received by the attendees. God blessed us with perfect weather. I have heard nothing but compliments and words of thanks to the church for hosting the picnic. Again, many thanks to everyone who helped with the event.

Please do not forget the Blessing Box!

-Gerry Flinchbaugh



Next Coffee Fellowship: Sunday, June 1

Please join us in the Fellowship Hall after our 11 o'clock worship service, for our **Coffee Fellowship on Sunday, June 1**, for coffee, some light snacks and great conversations. We invite our visitors to join us for coffee fellowship, so we can answer their questions about HUMC and we can get to know them better. Thank you to Claudine Pavlik for hosting us in June! *See you there!*



Future Host?

We have scheduled our Coffee Fellowships for the first Sunday of each month. There is a new sign-up sheet for 2025 on the bulletin board across from the Fellowship Hall to be a future Coffee Fellowship host.





SAVE THE DATE!

Wednesday, June 11

Wednesday Night Fellowship

Our June Pot Luck Fellowship Dinner is on Wednesday, June 11, at 6 p.m. Bring a dish to share and fellowship with your church family and friends.

Let's celebrate Father's Day! Bring a photo of your father and share a memory with us!

**HAPPY
FATHER'S
Day!**

At the May gathering, we learned first-hand from Helen Lamberta of her Red Cross volunteer experiences. Helen mentioned that she provides 300-piece puzzles to veterans at the VA. If you are inclined to provide a puzzle or two, please bring them to our Fellowship and I will deliver them to her.

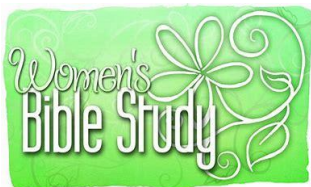


We will not meet in July and August.

Joyfully,
Shirley Bradshaw

Women's Bible Study

All women are welcome to join the Women's Bible Study. We meet in the Fellowship Hall of the church at **10 a.m. on Thursdays**. We are using the Adult Bible Study from Cokesbury and the emphasis in this particular series is Finding Balance. This series offers Bible references and a study of the suggested references. The emphasis of the study will be Finding Balance through work, spiritual practices, rest, and celebration. These Adult Bible Studies offer a lot of truth, Bible study, and direction on better ways of living. Study booklets will be provided and a DVD will be used to enhance discussion with each lesson. If this is of interest to you, please join us.



-Sarah Coffey

First Aid or CPR?

Has anyone ever had a First Aid or CPR Class? If so, kindly reach out to Rosalie Koch.



Nursery Caregiver
roetom@comcast.net
cell 804-484-2086

The Blessing Box Needs our Attention!

Thank you all for the support of the Blessing Box. Your support is greatly appreciated. This is an ongoing outreach of our church including our Preschool. The needy people in our community appreciate and need our support. Please keep the Blessing Box in mind when you are shopping and consider picking up items to put in the box. Your HUMC Mission Team thanks you and the needy people in our community thank you.



Preschool Pizza Fundraiser

Our preschool has an ongoing fundraiser with Marco's Pizza. Just use the code: **HUMCPSAF** when ordering over the phone or online and the school receives a portion from each sale all year long. Participating locations include the Marco's Pizza on Sheila Lane and on Midlothian Turnpike.



Nursery Volunteers

There is a sign-up sheet for nursery volunteers on the church bulletin board across from the Fellowship Hall.

The protocol for volunteers: Arrive around 10:45 am and let Rosalie know you are present. You may join the worship service sitting in the back of the sanctuary. If no children arrive for care, remain in the sanctuary. Rosalie will retrieve the volunteer when children are present. This follows our Child Protection Policy requiring two people caring for children.

Please support us as we strive to offer a nursery while being fiscally responsible with our resources. Please consider volunteering for an occasional Sunday if you are able.



For anyone who would like to have a copy of the prayer/poem that I read at Cissy Hope's memorial service, please send me a short email containing your name and email address.

Thank you,
Rosalie Koch
roetom@comcast.net Cell 804-484-2086



Happy Birthday to
Brenda NeSmith (May 28)
Joan Keller (May 31)

If we missed your birthday or anniversary, please call, leave a note or send an email to Elaine so she can include you!



The Anderson Family
Karen Fornoff
Ronnie French
Peggy Harris
LaVerne Jones
Jed Knick
Trudy Morris
Jon Smith
Linda Smith
Judith Westerhouse

In an effort to keep the prayer requests current, names posted will be removed after 30 days unless requested otherwise.

THE UPPER ROOM
DAILY DEVOTIONAL GUIDE

Where the World Meets to Pray

Copies of the **May - June** edition of The Upper Room are now available on the greeting table at the front entrance. Please consider making a donation in the labeled box.



Sunday, May 25 – Sixth Sunday of Easter

10 a.m...Adult Bible Study (FH)

11 a.m...Worship

Monday, May 26 – *Memorial Day*

Wednesday, May 28

7 p.m...Choir Practice (CR)

Thursday, May 29

10 a.m...Women's Bible Study (FH)

Friday, May 30

10 a.m...Library Work Session (L)

Sunday, June 1 – Seventh Sunday of Easter

10 a.m...Adult Bible Study (FH)

11 a.m...Worship

12 p.m...Coffee Fellowship

CR – Choir Room FH – Fellowship Hall
K – Kitchen L – Library PR – Puppet Room



- **Tues., June 10** – United Women in Faith meeting at 10:30 a.m.
- **Wed., June 11** – Pot Luck Fellowship Dinner at 6 p.m.

Newsletter News

If you have an article for the next *pulse* newsletter, please email it to Elaine by **Wednesday at 10 a.m.**

Please know that submitted articles may be edited to provide clarity and increased inclusion. This newsletter and the Sunday Bulletin are posted on the church website by Friday evening.

Church Office Hours:

Pastor Jim is in the office on Wednesday and Thursday mornings. Elaine is in the office every Friday from 8:30 a.m. to 12:30 p.m. These hours are subject to change on occasion.

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